

## **Data Backup Checklist**

- **Backup Methods:**

- External hard drive
- Cloud storage

- **Important Data to Backup:**

- Documents and personal files
- Photos and videos
- Emails and contacts

- **Backup Frequency:**

- Daily for critical files
- Weekly for less critical files

- **Verification:**

- Test backup restore process regularly

For more details, visit [LocalPCRepairs.com](https://LocalPCRepairs.com)